



[Day 377 – Making A Difference](#)

# UNDESERVED REPUTATION?

## FLUORIDE



HYDROXYAPATITE

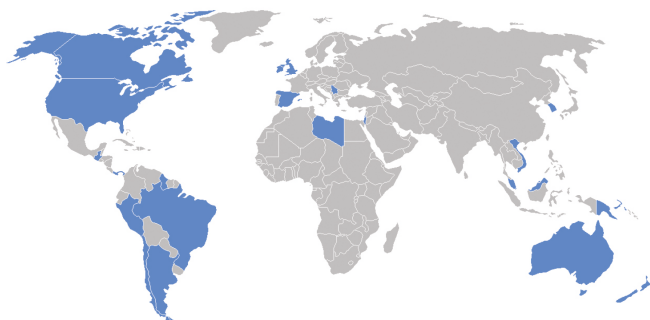
Main constituent of tooth enamel, which can be dissolved in acidic conditions. Ions lost can be replaced by those in saliva; cavities form if the replacement rate is lower than the rate of loss.



FLUORAPATITE

Fluoride ions can replace hydroxide ions in hydroxyapatite, forming fluorapatite, which is stronger and more resistant to acidic conditions. As a result, it greatly reduces cavity formation rate.

Countries with artificial fluoridation programs  
**35 COUNTRIES 377 MILLION PEOPLE**



There are a further 28 countries which supply naturally fluoridated water to more than 280 million people. Some countries which do not fluoridate water instead fluoridate table salt (such as Germany, Switzerland & France), and a select number fluoridate milk.

Fluoridated toothpastes have also aided declining tooth decay rates worldwide.

Skeletal fluorosis may occur in those who have ingested 10-20mg of fluoride per day for 20 years.



**1mg OF FLUORIDE PER LITRE**  
**RDA OF 3 LITRES = 3mg PER DAY**



**1450mg OF FLUORIDE PER LITRE**  
**BRUSHING TWICE = 0.4mg PER DAY**

**Significantly below 10-20mg per day.**



Tea actually contains more fluoride than drinking water, in the range of 1.0-2.0mg per litre. Even factoring this in, you'd still be below the 10-20mg per day range.

## FACTS ABOUT FLUORIDATION

1

### Fluoridation reduces dental caries

Fluoridation is estimated by consideration of a number of studies to reduce tooth decay by 29%. It's effective in both children & adults.

2

### Fluoridation does not cause cancer

There is no statistically significant link between the levels of fluoride in artificially fluoridated supplies and cancer, IQ, or Down's Syndrome.

3

### Fluoridation can cause mild fluorosis

Mild fluorosis can usually only be spotted by a dentist. It doesn't cause pain, or affect the health or function of the teeth.

4

### Water naturally contains fluoride

Fluoride is in a majority of natural water supplies at some level, and also in bottled water. It's just not always at the optimal level of 1mg/L.



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[Day 377 – Making A Difference](#)



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Think one person can't make a difference? Martin Luther King believed one could. Academy student, Gracie Dundee, proves that one can.. Make sure your Kia Rio 5-Door is running smoothly with a tire rotation today. ... (HWY 377 S. Drug Testing Marshall Creek, TX | Same Day Service, Employment, DOT, Court Ordered, School, Urine, Hair, ... Our Benbrook location is no different.. 377 quotes have been tagged as excuses: George Washington: 'It is better to offer no ... Here's a short list of people who accomplished great things at different ages ... (36) invented and built the world's first successful airplane and making the first controlled, ... At the end of the day, let there be no excuses, no explanations,.

1. [making difference](#)
2. [making difference quotes](#)
3. [making difference in people's lives](#)

Are you a safety-minded person who enjoys children and making a difference? ... Contact the Human Resources Department at (518) 377-4666, ext. ... Clerical Assistant Substitutes: Do you have time during the day to fill in for a clerical aide .... Visits Today: 1548. Visitors Online: 61 Visitors Online Total Visits: 3,803,955. Most Visitors Online: 3558 on Jun 1, 2018. Most Visitors in one day: 10818 on Jun 2 .... The \$1.5 Trillion Question: How to Fix Student-Loan Debt? (Ep. 377) ... Make a brief audio recording — just use whatever voice memo app is on your phone ... On his first day as governor, in 2005, Daniels established an Office of ... and should have good, honest differences about the size and scope, how ...

## making difference

making difference, making differences matter summary, making difference quotes, making differences ordinary in inclusive classrooms, making difference in people's lives, making differences matter analysis, making difference meaning, making difference quitting smoking, making difference in the world, making difference essay, making differences matter, making difference through the internet, making difference for the glory of god, making difference bible verse [Consejos para Hombres de Jesus Adrian Romero](#)

It is up to you to make the next decision or take the next step. Barking up ... Stop doing something for a while or until the next day (or night). ... Very different from.. Next Day, Perseus, King of Macedonia, conquered by Paulus Emiliar. ... +o 58 +o 15 o Hz 15 zo [+2 30 20 17oo. are red. to See P. 377, for father Reduction. ... This you may prove, by making different Tables and their Equations (equal to the .... some stupid magazine goes out and makes a 377 with a 400 block ... Both have the same cubic inches...so IS there any REAL difference ... 383's are getting about as cheap to build as 350s these days because of popularity.. The Julian calendar, proposed by Julius Caesar in 708 Ab urbe condita (46 BC), was a reform ... An unsuccessful attempt to add an extra day every fourth year was made in 238 BC (Decree of Canopus). ... The difference in the average length of the year between Julian (365.25 days) and Gregorian (365.2425 days) is .... What made you establish man in so great a dignity? ... body as good and to hold it in honor since God has created it and will raise it up on the last day. ... God is pure spirit in which there is no place for the difference between the sexes. ... 377 The "mastery" over the world that God offered man from the beginning was realized ... [VideoSolo BD-DVD Ripper 1.0.10 + Crack \[ Multilingual\]](#)

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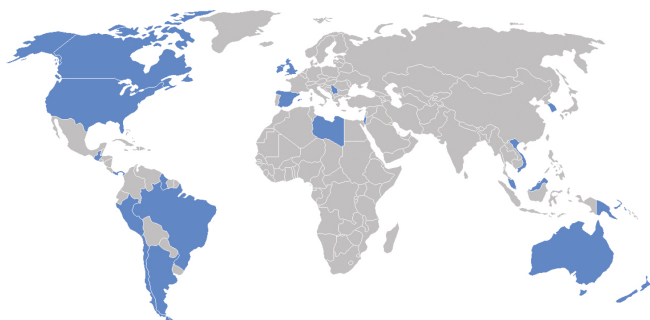
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## making difference quotes

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## making difference in people's lives

[Apple's iPhone 11 Pro triggering tryphobic fear of holes](#)

Can my emotions really make cancer grow or affect the outcome of my treatment? ... Over time, those who scored high on emotional well-being showed no differences in cancer growth or ... Your attitudes, emotions, and moods can change from day to day, and even from hour to hour. ... 2010;172(4):377-85.. All of us have been made with a different personalities. d. ... The concept of the four temperaments has been around since the days of the Greek ... 460-377 b.. different from modern Singapore, these laws carry a moral bag all the way ... are independent-minded and creative,12 does it still make sense on the other to retain ... its role in human life.38 The Catholic Church in those days co it still does .... When 2, 4, 6 and 8 days old, almond moth pupae were irradiated at dosages of 0, 10, 20 and 30 krad, ... emerging from pupae exposed to 30 krads when 8 days old were not significantly different. ... See STI/PUB-377; CONF740754—. ... These variations in the codling moth strains make the comparison of results obtained in .... Section 377 judgment on same sex relations: One year later, has anything changed? ... identity or sexual orientation may be different but the Constitution protects it. ... The judges made references to queer literature, and art and talked ... Delhi violence: Court sends Tahir Hussain to seven-day police custody ... 90cd939017 [Kerio Control 9 Crack With Activation Key Free 2020](#)

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